

Reading free Mental health psychotherapy and judaism (PDF)

Mental Health, Psychotherapy and Judaism Interface Between Psychotherapy and Judaism Judaic Spiritual Psychotherapy Reader for the Orthodox Jewish Psychotherapist Psychotherapy and Judaism (in Hebrew) Psychotherapy with the Orthodox Jew Issues in Psychology, Psychotherapy, and Judaism Rewriting the Self A Minyan of Women Rabbis and Psychologists: Partners or Adversaries Jewish Values in Psychotherapy Jewish Women in Therapy Between Rationality and Irrationality Handbook of Psychotherapy and Jewish Ethics Torah Therapy Soul Searching The Judaic Foundations of Cognitive-Behavioral Therapy Psychotherapy and the Ultra-Orthodox Community The Art of Jewish Pastoral Counseling Work, Love, Suffering & Death Religious Objects as Psychological Structures A Practical Guide to Rabbinic Counseling Psychotherapy of the Religious Patient Sanity and Sanctity Handbook of Torah and Mental Health Contemporary Psychoanalysis and Jewish Thought Anti-Semitism and Psychiatry Dialogue Therapy Sacred Therapy A Dangerous Legacy A Practical Guide to Rabbinic Counseling Psychiatry and Religion Mirrors in Time Fritz Perls in Berlin 1893 - 1933 Answering a Question with a Question Between Rationality and Irrationality Mystics and Medics Repair of the Soul Judaism and Psychology Re-Biographing and Deviance

Mental Health, Psychotherapy and Judaism

2011

the articles in this slim volume deal with the interface of psychotherapy and judaism and encourages collaboration between mental health practitioners and rabbis the articles contribute to a deeper understanding of a variety of halachic questions involved in mental health issues and the practice of psychotherapy and in defining the specific roles and functions of rabbis and psychotherapists in helping people with emotional and psychological problems mental health practitioners rabbis and religious and secular readers will find the book an interesting and worthwhile read

Interface Between Psychotherapy and Judaism

2017-01-03

this reader focuses on the interface between psychotherapy and judaism the twenty one articles with one exception that were authored by orthodox and haredi rabbis and mental health practitioners are varied and relate to theoretical as well as practical issues the book is divided into three parts issues case studies and halachic deliberations in the first part issues such as attitudes of ultra orthodox rabbis to psychological treatment unique challenges in treating haredi patients and relationship between rabbis and psychologists are analyzed and discussed among other topics part two presents case histories of the treatment of haredi and religious patients which include the participation of rabbis in specific situations and charming anecdotes demonstrating the psychological wisdom sensitivity and insights of ancient and contemporary jewish sages part three contains responsa of respected contemporary arbiters to questions raised by religious psychotherapists and articles discussing the relevant and sensitive issues of cross gender therapy and honoring abusive parents by mental health practitioners the appendix contains three articles in hebrew responsa regarding jewish law and psychological treatment and two articles by prominent rabbis on the relationship between rabbis and psychologists and ethics of the religious psychotherapist

Judaic Spiritual Psychotherapy

2010-09-23

this book utilizes the profound insights present in spiritual literature for psychotherapeutic use jewish spiritual writings are a rich source that encompasses three thousand years of scholarship and experience dealing with emotional problems these insights can benefit all clients not only those nurtured in the jewish tradition

Reader for the Orthodox Jewish Psychotherapist

2014

this book contains a selection of interesting and informative articles authored by orthodox rabbis and psychotherapists that are highly relevant and pertinent to religious psychotherapists veterans and novices alike the highly significant topics and issues discussed include the relationship between clergy and clinician special considerations in treating the haredi patient attitude towards and treatment of homosexuals and responsa by prominent contemporary rabbis regarding the issue of halachic constraints and treatment options among others the latter contains anecdotal examples of conflicts and dilemmas that religious therapists encountered in their work that were presented by the editor to various rabbis for their halachic religious law rulings among the questions raised are is the therapist obligated to rebuke a patient

when the latter is transgressing serious religious commandments is the therapist permitted to encourage a patient to express his negative feelings towards his her parents can a therapist continue doing marital therapy after learning that the husband is a cohen and his wife is a divorcee is cross gender therapy permissible amongst others religious therapists rabbis and laymen will find the book stimulating informative and a worth while read

Psychotherapy and Judaism (in Hebrew)

2012

המקראה כוללת אוסף מאמרים המתרכזים בממשק שבין פסיכותרפיה ויהדות מגוון הנושאים הינו רחב וכולל בין היתר דיון על יחסים בין רבנים ופסיכולוגים דילמות הלכתיות שמאתגרות מטפלים דתיים הנחיות למטפל במטופלים מהציבור החרדי וכן דוגמאות ממעיינות התובנה והחכמה הפסיכולוגית של חכמי ישראל מחברי המאמרים רבנים וקלינאים מפגינים ידע רחב בפסיכולוגיה ויעוץ ורגישות וידע עמוק ביהדות כריכה אחורית

Psychotherapy with the Orthodox Jew

1994

stream shows clearly how religion serves unconscious neurotic and defensive functions as well as adaptive purposes written in a personal self reflective style dr stream s case study material illustrates beautifully the relevance and application of psychoanalytic concepts to understanding the life and struggles of the orthodox jewish patient these theoretical and technical constructs include transference and countertransference the relationship between overt behaviors and their genetic antecedents and the effects of interpretation on facilitating childhood reconstructions dr

Issues in Psychology, Psychotherapy, and Judaism

2007

in the recent past there has been a general resurgence of investigative interest in the myriad relationships between psychology and judaism and more specifically between the latter and psychotherapy that has greatly enhanced our understanding of the interface between them this book contributes to that worthwhile goal between its covers one can find a collection of articles by orthodox rabbis educators and mental health professionals which discuss and explore a wide spectrum of relevant and topics of concern to professionals and laymen controversial issues such as the attitude of rabbis towards psychotherapy clerical clinician cooperation and judaism s view and attitude toward homosexuality are discussed in an open and forthright manner it is expected that some readers may take exception to the views presented which will hopefully enhance further deliberation on these topics throughout the book rich clinical material is presented to guide the practitioner in treating the ultra orthodox community in depicting successful collaboration between rabbis and clinicians and in enlightening the reader regarding the psychological wisdom and insights of the jewish sages and religious leaders mental health professionals religious leaders and the general lay public who are interested in the interface between psychology psychotherapy and judaism will find this work informative interesting and stimulating

Rewriting the Self

2018-04-27

while the term midrash from the hebrew darash searched or interpreted can refer to both legal and extralegal scriptural exegesis it most commonly refers to symbolic

legends stories and parables used to make moral or ethical concepts accessible to the layman as such midrash encompasses an open ended method of exposition that often allows for the coexistence of seemingly contradictory interpretations of holy writ in a kind of dialogue with each other in rewriting the self mordechai rotenberg illustrates how midrashic dialogue between a person's past and present may assist in the reorganization of ostensibly contrasting conditions or positions so that by reinterpreting a failing past according to future aspirations cognitive discord may be reduced and one may begin to rehabilitate and enhance one's life rotenberg argues that the foundations of what he calls a dialogic psychology of progress as well as a pluralistic free choice approach to psychotherapy may be identified in judaism's midrashic metacode from a practical therapeutic perspective a teacher or therapist would no longer be an elite interpreter of a student or client's past authorized to give the only authentic analysis of that person's problems rather he would be able to offer a variety of options both rational and emotional in rewriting the self rotenberg demonstrates his theory with several case studies of rewriting oneself from both the midrash and talmud he contrasts this method with other psychotherapies this volume is the third in a trilogy the previous two damnation and deviance and hasidic psychology are also published by transaction that seeks to present a dialogistic psychology as an alternative framework to the perspective that predominates in western social sciences it is an original work that will be welcomed by psychotherapists social scientists and students of theology

A Minyan of Women

2013-09-13

this book explores the diverse manner in which family dynamics shaped jewish identities in ways that were unique and directly connected to their experiences within their families of origin highlighted is the diversity of experience of ethnic identity within members of a group of women who are similar in many respects and who belong to an ethnic group that is often invisible jewish people like members of other ethnic groups are often treated as if their identities were homogeneous however gender social class sexual orientation factors surrounding immigration status proximity of family members to the holocaust or pogroms the number of generations one's family has been in the us and other salient aspects of experience and identities transform and inform the meaning and experience by group members the book explores these diversities of experience and goes on to highlight the way in which the intermingling of family dynamics and subsequent jewish identity in these women is manifested in the practice of psychotherapy in 2012 the book had been awarded the jewish women caucus of the association for women in psychology award for scholarship for that year this book was published as a special issue of women and therapy

Rabbis and Psychologists: Partners or Adversaries

2014-01-27

this volume contains articles by a prominent rabbi and veteran mental health professionals who have been involved in working with and counseling people from the ultra orthodox and religious communities for many years the topics discussed include the different and at times opposing views and attitudes that rabbis and mental health practitioners hold regarding their roles in catering to the needs of the people who seek their help also discussed are halakhic jewish law issues and controversies that arise in the practice of psychotherapy between therapists and rabbis and between rabbis themselves anecdotal examples are also brought describing the psychological wisdom and sophistication of rabbis and their productive and effective contribution and involvement with psychotherapists in psychological treatment rabbis and mental

health professionals religious and secular as well as lay people interested in the interface of judaism and mental health psychotherapy will find the book informative enlightening and a worthwhile read

Jewish Values in Psychotherapy

1988

explores the interrelationship of two distinct yet complementary disciplines judaism and psychology religious experiences thoughts and behavior are influenced by one s mental status personality and unique life experiences therefore what a psycho judaic approach suggests is a fostering of an individualistic pattern within a religious domain rather than to create a uniform way of being for all individuals

Jewish Women in Therapy

2013-11-12

here is the first volume ever to focus on the issues of jewish women in the context of counseling and psychotherapy through poignant reflection and observation the authors convey the richness and variety of jewish women s experiences and the jewishness and femaleness of the concerns issues values and attitudes that jewish women both clients and therapists bring into the therapy room jewish women in therapy is a landmark book in many ways it calls attention to the historical and political realities of the jewish heritage and acknowledges the oppression of both jews and women that therapists have typically ignored and although jewish women have participated in the therapeutic process as clients scholars and therapists seldom have they chosen to write about it never before have the writings of so many distinguished leaders in the field including melanie kaye kantrowitz evelyn torton beck and susannah heschel been compiled they examine the damaging stereotypes of jewish women the jewish american princess and the jewish mother that flourish today chapters also address the conflicts that many women feel about being jewish and being female celebrate the contributions of jewish women to feminism and to therapy examine the deliberate omission of women from the political process and the religious ritual and convey the complexities of the oppression that are still blatantly directed at both jews and females

Between Rationality and Irrationality

2017-09-29

jewish scriptural interpretation entails a potential therapeutic bridge between the rational material and the irrational mystic in the world of psychotherapy pardes as this system is known is derived from the following concepts p denotes peshat the plain interpretation of the text which translates into a rational interpretation of life r symbolizes remez hinting at a related religious concept which becomes a symbolic view of life d stands for derash the homiletic way of interpreting a text or a narrative reading of life and s represents sod or the mystery behind an idea which in psychological terms becomes a mystic understanding of life mordechai rotenberg believes that it is by engaging readings in a dialogue with each other as in the jewish hermeneutic tradition the psychology underlying one s existence may be more readily understood while rotenberg acknowledges that it is legitimate to focus on one cognitive rational or one narrative storytelling therapeutic method in the course of therapy he argues that a comprehensive theory of psychotherapy should include treatment possibilities for both rational and irrational manifestations of behavior thereby engulfing all aspects of human behavior for rotenberg a person s life becomes the text subject to being read and interpreted if that person wishes to change his or

her behavior via psychotherapy then a hermeneutic system must be employed to understand that person's life however many systems interpret a person's life according to the particular theory espoused by the therapist rotenberg in contrast introduces a balanced theory bridging the rational and the irrational between rationality and irrationality emphasizes that it is more important for a therapist to learn his client's own language than to impose his own doctrinaire interpretation this edition includes a new introduction by the author as well as an appendix explicating an original psychological interpretation of parades

Handbook of Psychotherapy and Jewish Ethics

1986-01-01

a profound and eye opening look at the principles and practices of torah judaism and their integration into effective therapy with depth and brilliance the author an accomplished therapist and rosh kollel takes a behind the scenes look at the human persona from the torah perspective delving into such topics as yetzer ha ra middos anger hatred withdrawal and aggression this book makes enriching reading for the professional therapist as well as every person who seeks self awareness and healing

Torah Therapy

2006

what does rabbinical judaism have to teach us about the way the mind works how do the rabbis of the talmud middle ages and our own time shed light on emotional disturbances and on the cognitive behavioral therapies used to treat them in this panoramic view of rabbinical judaism psychiatrist ronald pies md shows how cognitive behavioral therapy cbt and rational emotive behavioral therapy rebt rely on psychological principles found in both ancient and modern judaic writings the interplay between thought and deed is a central feature of judaic affirmation control the thought and the deed will follow dr ronald pies's book explores this connection in depth and the inter relationships that he weaves are at once illuminating and empowering rabbi dr reuven p bulka

Soul Searching

1988-01-01

this book contains a potpourri of articles written by haredi and religious mental health practitioners who were employed in a haredi sponsored mental health clinic that treated religious patients the book is divided into two parts part one addresses mental health issues and part two applies those issues in treatment cases in part one i found the article by a haredi psychoanalyst who described in an open and forthcoming manner the internal conflicts she faced in treating patients from the haredi community fascinating other interesting topics discussed in this section include rabbinic attitudes towards psychological treatment clergy clinician cooperation in treatment and responsa by prominent haredi and orthodox rabbis to halachic questions raised by therapists in the treatment process in the second part highly creative and successful treatment interventions are described i believe that mental health professionals religious and secular can gain practical insights and ideas for treatment from this book particularly when working with a haredi and religious population lynn rothstein psy d licensed clinical psychologist in the usa and licensed rehabilitation psychologist in israel psychologist at the young women's breast cancer clinic tel hashomer hospital ramat gan and at linda joy pollin cardiovascular wellnesscenter for women hadassah hospital jerusalem neuropsychologist conducts neuropsychological and psycho didactic evaluations efrat i was glad to see that an english version of the previously published

hebrew book psychological treatment and the haredi community issues and case studies is available for the english speaking public i believe that mental health practitioners rabbis and those interested in the interface between psychotherapy and judaism will enjoy and benefit from this interesting and informative book rabbi naphtali bar ilan community rabbi rehovot israel authored be sanctified with charity government and state in israel according to the torah and numerous articles on psychotherapy and jewish law seymour hoffman ph d is supervising psychologist at the chiba community health clinic ma ayenei hayeshua medical center authored mental health psychotherapy and judaism thinking out of the box unconventional psychotherapy and edited reader for orthodox jewish psychotherapists issues case studies and contemporary responsa and rabbis and psychologists partners or adversaries hannah bar joseph ph d is head of psychological services ma ayenei hayeshua medical center bene brak israel previously was chief psychologist at the rehovot community mental health clinic taught at bar ilan university and the religious teachers college of jewish studies moreshet yaakov specializes in youth suicide prevention therapy lecturer researcher

The Judaic Foundations of Cognitive-Behavioral Therapy

2010-12-14

the art of jewish pastoral counseling provides a clear practical guide to working with congregants in a range of settings and illustrates the skills and core principles needed for effective pastoral counseling the material is drawn from jewish life and rabbinic pastoral counseling but the fundamental principles in these pages apply to all faith traditions and to a wide variety of counselling relationships drawing on relational psychodynamic ideas but writing in a very accessible style friedman and yehuda cover when how and why counseling may be sought how to set up sessions conduct the work in those sessions and deal with difficult situations maintain confidentiality conduct groupwork and approach traumatic and emotive subjects they guide the reader through the foundational principles and topics of pastoral counseling and illustrate the journey with accessible and lively vignettes by using real life examples accompanied by guided questions the authors help readers to learn practical techniques as well as gain greater self awareness of their own strengths and vulnerabilities with a host of examples from pastoral and clinical experience this book will be invaluable to anyone offering counselling to both the jewish community and those of other faiths the art of jewish pastoral counseling will appeal to psychoanalysts particularly those working with jewish clients counselors psychotherapists psychoanalysts and rabbis offering pastoral counseling as well as clergy of other faiths such as ministers priests imams and lay chaplains

Psychotherapy and the Ultra-Orthodox Community

2015-06-17

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The Art of Jewish Pastoral Counseling

2016-11-18

the second aspect of his argument is that these two distinct but parallel lines allow one to conceptualize the revolutionary possibility of transference displacements the shift of religious symbology not only from interpersonal relationships onto the god concept

freud's model but also from an objective human god relationship onto interpersonal relationships

Work, Love, Suffering & Death

1997-12

an integral and important work for every rabbi and community leader this book puts the essential elements of rabbinic counseling into the hands of those who need it most rabbis and leaders often find themselves doing formal and informal counseling but with little or no experience opportunities can be lost and damage can be done here are practical tools to facilitate better communication and assistance user friendly and eminently practical dr levitz is a clinical psychologist former pulpit rabbi and professor emeritus of yeshiva university's wurzweiler school of social work rabbi dr twerski is a noted psychiatrist and former pulpit rabbi who has published close to fifty self help books and specializes in addictions and rehabilitation this book will be of interest and of essence to every rabbi rebbe and spiritual or community leader

Religious Objects as Psychological Structures

1992-06-15

ultra orthodox jews in jerusalem are isolated from the secular community that surrounds them not only physically but by their dress behaviors and beliefs their relationship with secular society is characterized by social religious and political tensions the differences between the ultra orthodox and secular often pose special difficulties for psychiatrists who attempt to deal with their needs in this book two western trained psychiatrists discuss their mental health work with this community over the past two decades with humor and affection they elaborate on some of the factors that make it difficult to treat or even to diagnose the ultra orthodox present fascinating case studies and relate their observations of this religious community to the management of mental health services for other fundamentalist anti secular groups

A Practical Guide to Rabbinic Counseling

2005

the present volume includes a brief collection of torah sources on cognitive behavioral therapy dialectical behavior therapy general psychotherapy anxiety obsessions compulsions and depression parenting mental health and well being

Psychotherapy of the Religious Patient

1985

demonstrating the connections between contemporary psychoanalysis jewish thought and jewish history this volume is a significant contribution to the traditions of dialogue debate and change within continuity that epitomize these disciplines the authors of this volume explore the cross disciplinary connections between psychoanalysis and jewish thought while seeking out the resonance of new meanings to exemplify the uncanny similarities that exist between ancient rabbinic methods of interpretation and contemporary psychoanalytic theory and methodology particularly the centrality of the question and the deconstruction of narrative in doing so this collaboration addresses the bi directional influence between and the relevance of the jewish interpretive tradition and psychoanalysis to provide readers with renewed insight into key topics such as biblical text and midrash religious traditions trauma gender history clinical

work and the legacies of the holocaust on psychoanalytic theory creating an intimate environment for interdisciplinary dialogue this is an essential book for students scholars and clinicians alike who seek to understand the continued significance of the multiple connections between psychoanalysis and jewish thought

Sanity and Sanctity

2008-10-01

following world war ii and the exposure of the concentration camps psychiatry turned its attention to a vast range of cultural concerns with results that seemed to indicate a decline of stigma over time however it is now clear that whatever drives prejudices especially in the case of anti semitism was just dormant and perhaps not fully understood hate crimes and anti semitism broad recently re emerged in europe and the united states followed shortly thereafter the us federal bureau of investigation reports that new york city which is still considered the most jewish friendly region in the us experienced a 22 spike in anti semitic hate crimes in 2018 alone with more extremes in other regions of the country neo nazi groups have grown stronger in the united states and abroad often resulting in organized acts of violence the recent tree of life synagogue shooting in pittsburgh pa demonstrated that these acts are not limited to one on one interactions but sometimes as prolific large scale act the medical community is not immune from biases either the cleveland clinic recently fired a young doctor after she publicly declared her wishes to inject jewish patients with lethal substances which is only one of many hateful comments she made on social media over the course of several years psychiatrists in particular grapple with this as they try to serve patients of both jewish and non jewish descent who struggle to process these acts of hate despite all of this there is no training and no resource to guide medical professionals through these challenges the editors of the recent springer book islamophobia and psychiatry recognize this gap in the literature and seek to develop another high quality text to meet this need written by expert clinicians in global regions where these incidents are most prevalent the book seeks to be neither political nor opinion based instead the text takes an innovative cross cultural psychiatric interaction similar to what was done with springer s new islamophobia book coverage will range from foci on the social psychiatric aspects of anti semitism to how it may in turn infuse clinical encounters between patients and clinicians written by experts in this area the insight and expertise of psychiatrists from a variety of cultural and religious backgrounds will focus on what psychiatrists need to know to combat the negative mental health impact that increasingly rise out of this particular phenomenon such a multi cultural psychiatric approach has never been taken before for this topic this discourse is the foundation for the primary goal of this book to develop the tools needed to improve clinical outcomes for patients hence this book aims to present an updated comprehensive bio psychosocial perspective on anti semitism at the interface of clinical psychiatry

Handbook of Torah and Mental Health

2019-12-19

this book is a study of psychotherapy as a dual or dia logic discourse between the rational cognitive and the mystic schizophrenic worlds mordechai rotenberg introduces the jewish pluralistic interpretation system pardes as a therapeutic bridge between these two worlds between the rational cognitive and the irrational mystic according to rotenberg a psychotherapeutic theory should engulf all aspects of human behavior a comprehensive theory of psychotherapy must encompass treatment possibilities for rational and irrational behavior manifestations as they are apprehended in their specific cultural contexts rotenberg s study incorporates ideas from theories of literary criticism deconstruction and reception this scholarly introduction to the concept of the

jewish pardes is directed to clinical psychologists judaica scholars humanistic psychologists and philosophers interested in mysticism and phenomenology dia logo therapy advocates the idea that therapeutic truth may be established if discourse between reader therapist and writer patient is based on the co existence between two or more alternating dia systems of logos the first part of the book attempts to draw on hermeneutic theories that focus on the relationship between the literary critic and the author of the text the second part assesses possibilities of establishing an intrapersonal balance between mystic and rational readings of one s biographing the third part concentrates on scrutinizing the interpersonal applications of dia logism dia logo therapy includes many clinical illustrations dr rotenberg s hope is to enrich his readers understanding of the hermeneutic mystery of life

Contemporary Psychoanalysis and Jewish Thought

2023-10-31

in sacred therapy estelle frankel travels to the heart of jewish mysticism to reveal how people of any faith can draw upon this rich body of teachings to gain wisdom clarity and a deeper sense of meaning in the midst of modern life in an engaging and accessible style frankel brings together tales and teachings from the bible the talmud kabbalah and the hasidic traditions as well as evocative case studies and stories from her own life to create an original inspirational guide to emotional healing and spiritual growth

Anti-Semitism and Psychiatry

2020-02-25

on 23rd july 1908 sigmund freud wrote to his colleague karl abraham rest assured that if my name were oberhuber an obviously non jewish name in spite of everything my innovations would have met with far less resistance from its beginning psychoanalysis has been seen as a jewish affair and psychoanalysts have always been afraid of ending up in the position of the jew that of the outsider in a dangerous legacy judaism and psychoanalysis hans reijzer examines how psychoanalysts have managed that fear in the recent past and in the present during his research which led him to vienna paris amsterdam london jerusalem hamburg and durban reijzer encountered malicious as well as enlightening statements situations and incidents a dangerous legacy is a striking study of an interesting area of research reijzer s conclusion is surprising stereotypes about jews are a factor not only in the everyday world but also in the psychoanalytic world as soon as jews take part in it

Dia-logo Therapy

1991-07-30

provides the requisite knowledge and practical guidelines for some of the most common counseling situations today s rabbis in addition to being spiritual leaders of their congregations are also expected to be competent counselors to members of their community yet rabbis often feel inadequately prepared for the difficult challenges of their counseling role to many rabbinic counseling appears deceptively simple requiring no more than good intuition fair judgment and sincere empathy good counseling in reality is a complex process requiring a combination of knowledge skill self awareness and an understanding of human dynamics this groundbreaking book written specifically for community rabbis and religious counselors reflects the wisdom of seasoned professionals who provide clear guidelines and sensible strategies for effective rabbinic counseling

Sacred Therapy

2005-03-08

the argument of this book is that the divide between psychiatry and religion is an artificial one and that there is much room for understanding the same phenomena from different perspectives in it thirteen senior mental health professionals and pastoral workers come together to explore what their different philosophies have to offer each other for the benefit of the individuals in their care the book as a whole sets the relationship between psychiatry and religion in historical context provides detailed information about specific religions and the significance of their belief systems for mental health management examines the relationship between psychopathology psychiatry and religion

A Dangerous Legacy

2018-05-08

the jewish mystical tradition regards the rituals and stories of the holy day cycle as symbolic representations of internal spiritual and psychological development helping us to translate the experience into the language of contemporary psychological theories joel ziff draws from his rich knowledge of psychology and his fluency with text to present us with mirrors in time a practical guide that integrates the wisdom of the jewish mystical tradition with contemporary psychological perspectives illustrated with clinical examples the holy days provide a context that offers similar opportunities to those experienced in psychotherapy creating time to reflect upon the nature of challenges we face and to consider how we might best respond the texts of jewish tradition describe a process through rituals images stories and symbols these can be difficult to understand because they are ancient agrarian hierarchical and patriarchal in nature contemporary psychological perspectives can often articulate obscure mystical concepts in his effort to translate the ideas of such mystical thinkers as shneur zalman of lyady into a modern twentieth century framework ziff includes theories developed by freud jung assagioli perls erickson and their students the unique character of each holy day is experienced in the context of one s journey through the year a journey that includes births and deaths beginnings and endings opportunities and crises successes and failures we recreate and reinvent ourselves giving birth to new identity in mirrors in time a psycho spiritual journey through the jewish year joel ziff shows us how each holy day represents a specific milestone in this psychospiritual process the unique rituals symbols and stories of each holy day help us identify the particular nature and challenges of each stage as well as connecting us with the appropriate aspect of divinity to support us in meeting those challenges

A Practical Guide to Rabbinic Counseling

2012-09-24

using fritz perls as an example this book recalls the representatives of an urban avant garde culture who were driven out of europe emigrated and for the most part found a new homeland in the usa many an element of the lost avant garde spirit later found its way back to europe in an enriched form this monograph is the first to focus in greater depth on the german european roots of gestalt therapy it thereby bridges the continents at the same time

Psychiatry and Religion

2013-04-15

inquiry questioning and wonder are defining features of both psychoanalysis and the jewish tradition the question invites inquiry analysis discussion debate multiple meanings and interpretation that continues across the generations if questions and inquiry are the mainstay of jewish scholarship then it should not be surprising that they would be central to the psychoanalytic method developed by sigmund freud the themes taken up in this book are universal trauma traumatic reenactment intergenerational transmission of trauma love loss mourning ritual these subjects are of particular relevance and concern within jewish thought and the history of the jewish people and they raise questions of great relevance to psychoanalysis both theoretically and clinically in answering a question with a question contemporary psychoanalysis and jewish thought a tradition of inquiry editors aron and henik have brought together an international collection of contemporary scholars and clinicians to address the interface and mutual influence of jewish thought and modern psychoanalysis two traditions of inquiry

Mirrors in Time

1996

jewish scriptural interpretation entails a potential therapeutic bridge between the rational material and the irrational mystic in the world of psychotherapy pardes as this system is known is derived from the following concepts p denotes peshat the plain interpretation of the text which translates into a rational interpretation of life r symbolizes remez hinting at a related religious concept which becomes a symbolic view of life d stands for derash the homiletic way of interpreting a text or a narrative reading of life and s represents sod or the mystery behind an idea which in psychological terms becomes a mystic understanding of life mordechai rotenberg believes that it is by engaging readings in a dialogue with each other as in the jewish hermeneutic tradition the psychology underlying one's existence may be more readily understood while rotenberg acknowledges that it is legitimate to focus on one cognitive rational or one narrative storytelling therapeutic method in the course of therapy he argues that a comprehensive theory of psychotherapy should include treatment possibilities for both rational and irrational manifestations of behavior thereby engulfing all aspects of human behavior for rotenberg a person's life becomes the text subject to being read and interpreted if that person wishes to change his or her behavior via psychotherapy then a hermeneutic system must be employed to understand that person's life however many systems interpret a person's life according to the particular theory espoused by the therapist rotenberg in contrast introduces a balanced theory bridging the rational and the irrational between rationality and irrationality emphasizes that it is more important for a therapist to learn his client's own language than to impose his own doctrinaire interpretation this edition includes a new introduction by the author as well as an appendix explicating an original psychological interpretation of pardes

Fritz Perls in Berlin 1893 - 1933

2015-07-01

this book is a revised and expanded version of mystics and medics a special issue of the journal of psychology and judaism in altered form it gathers essays which appeared originally in that and other issues of the journal

Answering a Question with a Question

2016-04-30

repair of the soul examines transformation from the perspective of jewish mysticism

and psychoanalysis addressing the question of how one achieves self understanding that leads not only to insight but also to meaningful change in this beautifully written and thought provoking book karen starr draws upon a contemporary relational approach to psychoanalysis to explore the spiritual dimension of psychic change within the context of the psychoanalytic relationship influenced by the work of lewis aron steven mitchell and other relational theorists and drawing upon contemporary scholarship in the field of jewish studies starr brings the ideas of the kabbalah the ancient jewish mystical tradition into dialogue with modern psychoanalytic thought repair of the soul provides a scholarly integration of several kabbalistic and psychoanalytic themes relating to transformation including faith surrender authenticity and mutuality as well as a unique exploration of the relationship of the individual to the universal starr uses the kabbalah s metaphors as a vivid framework with which to illuminate the experience of transformation in psychoanalytic process and to explore the evolving view of the psychoanalytic relationship as one in which both parties the analyst as well as the patient are transformed

Between Rationality and Irrationality

2004-01

re biographing and deviance examines the jewish midrashic model for self renewal through time in this important new study author rotenberg questions how traditional judaism with its contradictory notions of teshuvah repentance and of remembrance of the past allows for the contemporary jew to maintain a healthy cognitive dialogue between past failures and future aspirations the author illustrates how the midrashic narrative philosophy entails a psychotherapeutic system for reinterpretation of past sins into positive future oriented biographies which in turn provide fuel for jewish vitality and its continuity between past present and future

Mystics and Medics

1979

Repair of the Soul

2010-04-15

Judaism and Psychology

1980

Re-Biographing and Deviance

1987

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