

building blocks of tabletop game design

The Ugly Vegetables

2020-12-15

in this charming story about celebrating differences a chinese american girl wishes for a garden of bright flowers instead of one full of bumpy ugly vegetables the neighbors gardens look so much prettier and so much more inviting to the young gardener than the garden of black purple green vines fuzzy wrinkled leaves prickly stems and a few little yellow flowers that she and her mother grow nevertheless mother assures her that these are better than flowers come harvest time everyone agrees as those ugly chinese vegetables become the tastiest most aromatic soup they have ever known as the neighborhood comes together to share flowers and ugly vegetable soup the young gardener learns that regardless of appearances everything has its own beauty and purpose the ugly vegetables springs forth with the bright and cheerful colors of blooming flowers and lumpy vegetables grace lin s playful illustrations pour forth with abundant treasures complete with a guide to the chinese pronunciation of the vegetables and the recipe for ugly vegetable soup try it you ll love it too

2000-05

The Principles of the Trinary Universe

1999-04-23

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2013-03-01

2009-10

tamar robinson knows a lot about loss more than any teenager should her younger sisters are dead her parents are adrift in a sea of grief and now tamar is losing her hair nevertheless she navigates her rocky life as best she can not always with grace but with her own brand of twisted humor she joins the chess club with her friend roy earns a part in the school production of the wizard of oz buys an awesome wig lands a

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2002-09

fear of failing at motherhood fear of doing things differently fear of feeling unfulfilled forever author shanita liu was consumed by these fears decades of people pleasing perfectionism and cultural conditioning left her burned out desperate shanita sought a coach who invited her to tune into her heart that s when durga a remarkable warrior goddess appeared durga told shanita that she wasn t alone and she could activate her own courage to triumph over fears this encounter acted as the catalyst for dear durga which became the opening line to hundreds of handwritten diary entries where shanita communed with the goddess as a result of durga s support shanita went from being a scared mom to be to birthing three children building a business disrupting ancestral patterns of self sacrifice and embracing her authentic self mixing memoir and self help dear durga is your go to guidebook to overcoming the obstacles holding you back from tasting sweet victory not only in motherhood but also in life through shanita s keep it real wit and warmth she ll walk you through the four phases of her courage kit framework that will help you activate courage your limitless energy within align with your needs the ones you neglect alleviate stressors the ones that deplete you act with conviction towards your dreams the ones you procrastinate or put off entirely bonus durga gives you exclusive access to a toolkit that will help you defeat daily discouragements whether you re an expecting mom an existing mom or a mom to your community shanita s uplifting story of navigating the trials of parenthood unemployment entrepreneurship and intergenerational traumas will inspire you to forge your own fulfilling path if you re ready to show your children and the world what it looks like to emerge victorious grab your copy of dear durga today

Dear Durga

2015-04-28

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2010

the bestselling author of grain brain uncovers the powerful role of gut bacteria in determining your brain s destiny debilitating brain disorders are on the rise from children diagnosed with autism and adhd to adults developing dementia at younger ages than ever before but a medical revolution is underway that can solve this problem astonishing new research is revealing that the health of your brain is to an extraordinary degree dictated by the state of your microbiome the vast population of organisms that live in your body and outnumber your own cells ten to one what s taking place in your intestines today is determining your risk for any number of brain related conditions in brain maker dr perlmutter explains the potent interplay between intestinal microbes and the brain describing how the microbiome develops from birth and evolves based on lifestyle choices how it can become sick and how nurturing gut health through a few easy strategies can alter your brain s destiny for the better with simple dietary recommendations and a highly practical program of six steps to improving gut ecology brain maker opens the door to unprecedented brain health potential

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2020-05-26

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