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in their landmark paper mundanely titled the work capacity of a synergetic muscular group monod and scherrer introduced the very elegant concept which only later came to be known as critical power cp moritani et al 1981 critical torque ct burnley 2009 or critical speed velocity cs wakayoshi et al 1992

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critical power represents the threshold intensity above which steady state metabolism is no longer attainable and within the last 15 years experimental data have emerged that illuminate its underpinning physiological determinants

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the critical role family plays child welfare systems must strive to identify locate and engage kin to support children at all stages of the casework process this training addresses the benefits of kinship care and the unique challenges of preparing and supporting kin caregivers and family members in providing permanency

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